



Watch for Wellness and You! Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Wellness entrées and salad recipes
were developed by our regional
and national chefs and dietitians.

Better By Design
means healthier cuisine...

We passed our food
and health safety
audit on Nov. 11,
2009. Thanks to
everyone for
making the school a
great place to work.

General Manager
Jody Nelson x116
or 141



2009 menu

Week of Monday November 16

Monday

Entree:	Cheeseburger on Bun	\$1.75
	Baked Chicken Sandwich	\$2.50
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Sausage Pizza	\$2.50
	Chicken Pita Sandwich	\$3.25
	Nachos Supreme with Beef	\$4.50

Tuesday

Entree:	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Baked Chicken Sandwich	\$2.50
	Chicken Tenders and Tator tots	\$4.75
	Chicken Tenders, Mashed Potatoes and Corn	\$4.75
	Sausage Pizza	\$2.50

Wednesday

Entree:	Mozzarella Sticks	\$3.25
	Penne Pasta Bar	\$4.00
	Meat Sauce	\$
	Maranara Sauce	\$
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Cheese Pizza	\$2.25
	Sausage Pizza	\$2.50

Thursday

Entree:	Individual Cheese Pizza	\$5.00
	Individual Pepperoni Pizza	\$5.00
	Wings & Things Bar	\$4.50
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Sausage Pizza	\$2.50

Friday

Entree:	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Philly Steak & Cheese Sandwich With Curly Fries	\$4.75
	BBQ Grilled Chicken Breast Sandwich	\$3.00
	Baked Chicken Breast Sandwich	\$2.50