



Watch for  
Wellness and You!  
Menu Solutions...

...good food that tastes great  
is your reason for  
eating healthy!

Wellness entrées and salad recipes  
were developed by our regional  
and national chefs and dietitians.

Better By Design  
means healthier cuisine...

Have a wonderful  
week.

General Manager  
Jody Nelson x141  
or 116



## 2009 menu

Week of Monday November 2

### Monday

Entree:	Popcorn Chicken with Mashed potato, gravy and corn	\$4.50
	Pork Riblet Sandwich	\$3.25
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Baked Chicken Sandwich	\$2.50
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50

### Tuesday

Entree:	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Baked Chicken Sandwich	\$2.50
	Chicken Tenders and Tator tots	\$4.75
	Chicken Tenders, Mashed Potatoes and Corn	\$4.75
	Sausage Pizza	\$2.50

### Wednesday

### Thursday

### Friday

Entree:	Nachos Supreme with Beef	\$4.50
	Reuben Sandwich	\$3.25
	Hamburger on Bun	\$1.65
	Cheeseburger on Bun	\$1.75
	Chicken Sandwich	\$2.50
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Sausage Pizza	\$2.50