



Watch for  
Wellness and You!  
Menu Solutions...

...good food that tastes great  
is your reason for  
eating healthy!

Wellness entrées and salad recipes  
were developed by our regional  
and national chefs and dietitians.

Better By Design  
means healthier cuisine...

**HAPPY  
THANKSGIVING**

**GENERAL  
MANAGER  
JODY NELSON  
X141 OR 116**



## 2009 menu

Week of Monday November 23

### Monday

Entree:	Cheeseburger on Bun	\$1.75
	Baked Chicken Sandwich	\$2.50
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Sausage Pizza	\$2.50
	Ham & Swiss Sandwich on Flat Bread	\$3.25
	Quarter Pounder & Curly Fries	\$4.25

### Tuesday

Entree:	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Baked Chicken Sandwich	\$2.50
	Chicken Tenders and Tator tots	\$4.75
	Chicken Tenders, Mashed Potatoes and Corn	\$4.75
	Sausage Pizza	\$2.50

### Wednesday

### Thursday

### Friday