



2009 menu

Week of Monday October 12

Monday

Watch for
Wellness and You!
Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Wellness entrées and salad recipes
were developed by our regional
and national chefs and dietitians.

Better By Design
means healthier cuisine...

If any questions or
concerns please
contact me.

General Manager
Jody Nelson
x141 or 116



Tuesday

Entree:	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Baked Chicken Sandwich	\$2.50
	Chicken Tenders and Tator tots	\$4.75
	Chicken Tenders, Mashed Potatoes and Corn	\$4.50

Wednesday

Entree:	Penne Pasta Bar	\$4.00
	Meat Sauce	\$
	Marinara Sauce	\$
	Alfredo Sauce	\$
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25

Thursday

Entree:	Individual Cheese Pizza	\$5.00
	Individual Pepperoni Pizza	\$5.00
	Wings & Things Bar	\$4.50
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50

Friday

Entree:	Soup in a bread Bowl	\$4.00
	Tuna Melt	\$2.75
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Chicken Patty Sandwich	\$2.25
	Baked Chicken Sandwich	\$2.50
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50