



Watch for  
Wellness and You!  
Menu Solutions...

...good food that tastes great  
is your reason for  
eating healthy!

Wellness entrées and salad recipes  
were developed by our regional  
and national chefs and dietitians.

Better By Design  
means healthier cuisine...

We now have soup  
and sausage pizza  
everyday.

General Manager  
Jody Nelson  
x141



## 2009 menu

Week of Monday October 5

### Monday

Entree:	Corndogs with curly fries	\$4.50
	BBQ Ribette with curly fries	\$4.50
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Fried Chicken Breast Sandwich	\$2.25
	Sausage Pizza	\$2.50

### Tuesday

Entree:	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Chicken Sandwich	\$2.50
	Chicken Tenders	\$4.75
	Chicken Tenders, Mashed Potatoes and Corn	\$4.50

### Wednesday

Entree:	Penne Pasta Bar	\$4.00
	Meat Sauce	\$
	Marinara Sauce	\$
	Alfredo Sauce	\$
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25

### Thursday

Entree:	Individual Cheese Pizza	\$5.00
	Individual Pepperoni Pizza	\$5.00
	Wings & Things Bar	\$4.50
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50

### Friday

Entree:	Hamburger on Bun	\$1.65
	Cheeseburger on Bun	\$1.75
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Fried Chicken Breast Sandwich	\$2.25
	Beef Tacos with Rice and Refried Beans	\$4.50
	Baked Chicken Breast Sandwich	\$2.75
	Chicken Pita Sandwich	\$3.25