



Watch for
Wellness and You!
Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Wellness entrées and salad recipes
were developed by our regional
and national chefs and dietitians.

Better By Design
means healthier cuisine...

New Item
Baked Chicken
Breast on a Bun

Check out our open
end coolers for
Salads, Jello
Pudding, Veggie
cups and Fresh Fruit
cups.

General Manager
Jody Nelson

2009 menu

Week of Monday September 14

Monday

Entree:	Quarter Pounder with cheese and Curly Fries	\$4.00
	Chicken Pita Sandwich 🍌	\$3.25
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Cheese Pizza 🌱	\$2.25
	Pepperoni Pizza	\$2.50
	Fried Chicken Breast Sandwich	\$2.25

Tuesday

Entree:	Chicken Tenders and Tator Tots	\$4.50
	Chicken Tenders, Mashed Potatoes and Corn	\$4.50
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza 🌱	\$2.25
	Pepperoni Pizza	\$2.50

Wednesday

Entree:	Penne Pasta Bar 🌱	\$4.00
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza 🌱	\$2.25
	Pepperoni Pizza	\$2.50
	Mozzarella Sticks	\$3.25

Thursday

Entree:	Individual Cheese Pizza	\$5.00
	Individual Pepperoni Pizza	\$5.00
	Wings & Things Bar	\$4.50
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza 🌱	\$2.25
	Pepperoni Pizza	\$2.50

Friday

Entree:	Grilled Cheese Sandwich with tomato soup 🌱	\$3.75
	Fish Sandwich with onion rings	\$3.75
	Cheese Pizza 🌱	\$2.25
	Pepperoni Pizza	\$2.50
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25