



## Watch for Wellness and You! Menu Solutions...

...good food that tastes great  
is your reason for  
eating healthy!

Wellness entrées and salad recipes  
were developed by our regional  
and national chefs and dietitians.

Better By Design  
means healthier cuisine...

Just a reminder that  
the snack room is  
open during lunch  
times. We have  
snacks, bosco sticks  
and pretzel with  
cheese.

General Manager  
Jody Nelson x 141



# 2009 menu

Week of Monday September 21

## Monday

Entree:	Italian Sub	\$3.25
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Cheese Pizza 🌿	\$2.25
	Pepperoni Pizza	\$2.50
	Chicken Breast Sandwich	\$2.50
	Fried Chicken Breast Sandwich	\$2.25
	Chicken & Maple Bacon on a bun and curly fries	\$4.75

## Tuesday

Entree:	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza 🌿	\$2.25
	Pepperoni Pizza	\$2.50
	Chicken Sandwich 🍌	\$2.50
	Chicken Tenders	\$4.75
	Chicken Tenders, Mashed Potatoes and Corn	\$4.50

## Wednesday

Entree:	Penne Pasta Bar 🌿	\$4.00
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza 🌿	\$2.25
	Pepperoni Pizza	\$2.50
	Mozzarella Sticks	\$3.25

## Thursday

Entree:	Individual Cheese Pizza	\$5.00
	Individual Pepperoni Pizza	\$5.00
	Wings & Things Bar	\$4.50
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza 🌿	\$2.25
	Pepperoni Pizza	\$2.50

## Friday

Entree:	Cheese Pizza 🌿	\$2.25
	Pepperoni Pizza	\$2.50
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Quarter Pounder With Cheese	\$2.75
	Beef Philly-Style With Cheese and Fries	\$4.75