



2009 menu

Week of Monday September 7

Monday Closed

Watch for
Wellness and You!
Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Wellness entrées and salad recipes
were developed by our regional
and national chefs and dietitians.

Better By Design
means healthier cuisine..

Try our made to
order Deli
Sandwiches at the
Deli bar. During the
cold months we will
also have hot soup
at the deli bar.

Jody Nelson
General manager



Tuesday

Entree:	Chicken Tenders and Tator Tots	\$4.50
	Chicken Tenders, Mashed Potatoes and Corn	\$4.50
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza 🌱	\$2.25
	Pepperoni Pizza	\$2.50
	Melt Down	\$3.25

Wednesday

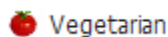
Entree:	Penne Pasta Bar 🌱	\$4.00
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza 🌱	\$2.25
	Pepperoni Pizza	\$2.50
	Mozzarella Sticks	\$3.25

Thursday

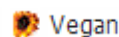
Entree:	Individual Cheese Pizza	\$5.00
	Individual Pepperoni Pizza	\$5.00
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza 🌱	\$2.25
	Pepperoni Pizza	\$2.50
	Wings & Things Bar	\$4.50

Friday

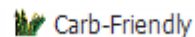
Entree:	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza 🌱	\$2.25
	Pepperoni Pizza	\$2.50
	Italian Sub	\$3.25
	Chicken Parmesan Sandwich with fries	\$4.25



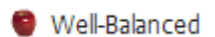
Vegetarian



Vegan



Carb-Friendly



Well-Balanced