



Watch for  
Wellness and You!  
Menu Solutions...

...good food that tastes great  
is your reason for  
eating healthy!

Wellness entrées and salad recipes  
were developed by our regional  
and national chefs and dietitians.

Better By Design  
means healthier cuisine...

**Soups for the week.**  
Mon. Beef Pepper  
Tues. Tomato Basil  
Wed. Minestrone  
Thurs. Homemade  
Vegetable Beef  
Fri. Homemade Cream  
of Chicken with Rice

**General Manager**  
**Jody Nelson x 1141**



## 2010 menu

Week of Monday April 19

### Monday

Entree:	BBQ Riblet Sandwich & Waffle Fries	\$4.50
	Reuben Sandwich	\$3.50
	Hamburger on Bun	\$1.65
	Cheeseburger on Bun	\$1.75
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Sausage Pizza	\$2.50

### Tuesday

Entree:	Chicken Tenders, Mashed Potatoes and Corn	\$4.75
	Chicken Tenders and French Fries	\$4.50
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Baked Chicken Sandwich	\$2.50
	Sausage Pizza	\$2.50

### Wednesday

Entree:	Penne Pasta Bar	\$4.00
	Meat Sauce	\$
	Marinara Sauce	\$
	Alfredo Sauce	\$
	Mozzarella Sticks	\$3.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Hamburger on Bun	\$1.65

### Thursday

Entree:	Individual Pepperoni Pizza	\$5.00
	Individual Cheese Pizza	\$5.00
	Wings & Things Bar	\$4.50
	Hamburger on Bun	\$1.65
	Cheeseburger on Bun	\$1.75
	Baked Chicken Breast Sandwich	\$2.50
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25

### Friday

Entree:	Italian Sub with fries	\$4.50
	BBQ Grilled Chicken Breast Sandwich	\$3.00
	Cheese Pizza	\$2.25
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Baked Chicken Breast	\$2.50
	Pepperoni Pizza	\$2.50
	Cheeseburger on Bun	\$1.75