



*Watch for
Wellness and You!
Menu Solutions...*

*...good food that tastes great
is your reason for
eating healthy!*

*Wellness entrées and salad recipes
were developed by our regional
and national chefs and dietitians.*

*Better By Design
means healthier cuisine...
Check out our open end
coolers. We have ready
made sandwiches which
are fast and convient.
We also have fresh fruit,
salads,veggie cups and
puddings.*

*General Manager
Jody Nelson XII4I or
III6*



2010 menu

Week of Monday April 26

Monday

Entree:	Hot Ham and Cheese Sandwich & Waffle Fries	\$4.75
	Quarter Pounder with Cheese	\$2.75
	Hamburger on Bun	\$1.65
	Cheeseburger on Bun	\$1.75
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Sausage Pizza	\$2.50

Tuesday

Entree:	Chicken Tenders, Mashed Potatoes & Corn	\$4.75
	Chicken Tenders and Tator Tots	\$4.50
	Cheese Pizza	\$2.25
	Cheeseburger on Bun	\$1.75
	Fried Chicken Breast Sandwich	\$2.25
	Hamburger on Bun	\$1.65
	Pepperoni Pizza	\$2.50
	Baked Chicken Sandwich	\$2.50

Wednesday

Entree:	Penne Pasta Bar	\$4.00
	Meat Sauce	\$
	Marinara Sauce	\$
	Alfredo Sauce	\$
	Mozzarella Sticks	\$3.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Hamburger on Bun	\$1.65

Thursday

Entree:	Individual Pepperoni Pizza	\$5.00
	Individual Cheese Pizza	\$5.00
	Wings & Things Bar	\$4.50
	Hamburger on Bun	\$1.65
	Cheeseburger on Bun	\$1.75
	Baked Chicken Breast Sandwich	\$2.50
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25

Friday

Entree:	Nachos Supreme	\$4.00
	Chicken Pita Sandwich	\$3.25
	Cheese Pizza	\$2.25
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Baked Chicken Breast	\$2.50
	Pepperoni Pizza	\$2.50
	Cheeseburger on Bun	\$1.75