



Watch for Wellness and You! Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Wellness entrées and salad recipes
were developed by our regional
and national chefs and dietitians.

Better By Design
means healthier cuisine...

In Honor of our seniors
we are going to have
Chicken Strips,
Mozzarella Sticks and
Soup in a Bread Bowl on
Friday. It has been a great
year. Thank You
everyone.

General Manager
Jody Nelson x1141



2010 Menu

Week of Monday May 3

Monday

Entree:	Meatball and Curly Fries	\$4.75
	Rueben Sandwich	\$3.25
	Baked Chicken Breast	\$2.50
	Cheese Pizza	\$2.25
	Cheeseburger on Bun	\$1.75
	Fried Chicken Breast Sandwich	\$2.25
	Hamburger on Bun	\$1.65
	Pepperoni Pizza	\$2.50

Tuesday

Entree:	Chicken Tenders, Mashed Potatoes & Corn	\$4.75
	Chicken Tenders and Tator Tots	\$4.50
	Cheese Pizza	\$2.25
	Cheeseburger on Bun	\$1.75
	Fried Chicken Breast Sandwich	\$2.25
	Hamburger on Bun	\$1.65
	Pepperoni Pizza	\$2.50
	Baked Chicken Sandwich	\$2.50

Wednesday

Entree:	Penne Pasta Bar	\$4.00
	Meat Sauce	\$
	Marinara Sauce	\$
	Alfredo Sauce	\$
	Mozzarella Sticks	\$3.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Hamburger on Bun	\$1.65

Thursday

Entree:	Individual Pepperoni Pizza	\$5.00
	Individual Cheese Pizza	\$5.00
	Wings & Things Bar	\$4.50
	Hamburger on Bun	\$1.65
	Cheeseburger on Bun	\$1.75
	Baked Chicken Breast Sandwich	\$2.50
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25

Friday

Entree:	Chicken Tenders	\$3.25
	Mozzarella Sticks	\$3.25
	Italian Sub	\$3.25
	Soup in a Bread Bowl	\$4.50
	Cheese Pizza	\$2.25
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Baked Chicken Breast	\$2.50