



Watch for  
Wellness and You!  
Menu Solutions...

...good food that tastes great  
is your reason for  
eating healthy!

Wellness entrées and salad recipes  
were developed by our regional  
and national chefs and dietitians.

Better By Design  
means healthier cuisine...

Have a nice  
Valentine Day

General Manger  
Jody Nelson x1141  
or 1116



## 2010 menu

Week of Monday February 8

### Monday

Entree:	Ham and Cheese Sandwich	\$3.25
	Rueben Sandwich with Curly Fries	\$4.75
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Baked Chicken Sandwich	\$2.50
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50

### Tuesday

Entree:	Chicken Tenders, Mashed Potatoes and Corn	\$4.75
	Chicken Tenders and Tator tots	\$4.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Baked Chicken Sandwich	\$2.50
	Sausage Pizza	\$2.50

### Wednesday

Entree:	Penne Pasta Bar	\$4.00
	Marinara Sauce	\$
	Meat Sauce	\$
	Alfredo Sauce	\$
	Mozzarella Sticks	\$3.25
	Cheeseburger on Bun	\$1.75
	Fried Chicken Breast Sandwich	\$2.25
	Baked Chicken Sandwich	\$2.50

### Thursday

Entree:	Individual Cheese Pizza	\$5.00
	Individual Pepperoni Pizza	\$5.00
	Wings & Things Bar	\$4.50
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50

### Friday