



2009 menu

Week of Monday January 4

Monday

Watch for
Wellness and You!
Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Wellness entrées and salad recipes
were developed by our regional
and national chefs and dietitians.

Better By Design
means healthier cuisine...

Welcome back. I
hope everyone had
a wonderful break.

General Manager
Jody Nelson X141



Tuesday

Entree:	Chicken Tenders, Mashed Potatoes and Corn	\$4.75
	Chicken Tenders and Tator tots	\$4.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Baked Chicken Sandwich	\$2.50
	Sausage Pizza	\$2.50

Wednesday

Entree:	Penne Pasta Bar	\$4.00
	Marinara Sauce	\$
	Meat Sauce	\$
	Alfredo Sauce	\$
	Mozzarella Sticks	\$3.25
	Cheeseburger on Bun	\$1.75
	Fried Chicken Breast Sandwich	\$2.25
	Baked Chicken Sandwich	\$2.50

Thursday

Entree:	Individual Cheese Pizza	\$5.00
	Individual Pepperoni Pizza	\$5.00
	Wings & Things Bar	\$4.50
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50

Friday

Entree:	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Hamburger on Bun	\$1.65
	Cheeseburger on Bun	\$1.75
	Baked Chicken Sandwich	\$2.50
	Fried Chicken Breast Sandwich	\$2.25
	Ham and Cheese Sandwich	\$3.25
	Nacho Bar	\$4.00